View this email in your browser



Photo by Jeremy McLaughlin

Location: Waterfowl Park, June 2024

Table of Contents:

1. **Festival by the Marsh**
2. **Important Upcoming Dates**
3. **Sackville Sports Wall of Fame**
4. **Municipal News**
5. **Council Updates**
6. **Community Submissions**
7. **Pet of the Month!**

Festival on the Marsh: Celebrating Art, Music, and Community!

The Festival on the Marsh is back and better than ever! This annual celebration, held in the heart of Tantramar, brings together art, music, and community spirit in a unique and vibrant setting. From captivating performances to engaging workshops, there's something for everyone to enjoy.



Theatre Highlights:

- **Saltwater Moon:** Experience the classic love story set in 1926 Newfoundland.
  Dates: July 10-13 at 7:30pm, July 13 at 2:00pm.
- **Playing With Food:** Laugh out loud with this exciting new comedy by Ben Maksym.
  Dates: July 17-19 at 7:30pm, July 20 at 2:00pm.
- **Sherlock Holmes and the Case of the Missing Heiress**: Enjoy a hilarious whodunit set in the 1920s.
  Dates: July 20 at 7:30pm, July 21 at 2:00pm.

Other Theatre Events:

- **The Wonderful Wanderer of Wenderville:** A magical fairytale performance perfect for all ages.
  Dates: July 18-19 at 3:00pm at Trueman's Blueberry Farms, July 20 at 10:00am at the Sackville Farmers' Market.
- **Theatre Workshops for Young People:** Engage in creative activities designed for budding actors.
- **Short Play at the Sackville Farmers Market:** Enjoy a special performance.
  Date: July 13 at 10:00am.

Musical Performance:

- **Old Man Luedecke**: Don't miss this live concert at the Sackville Legion.
  Date: July 20 at 9:00pm.

Fine Arts:

- **Paul Brisk Jr. – Artist-in-Residence**: Visit Fort Beausejour/Fort Cumberland to see Paul's beadwork demonstrations.
  Dates: July 13-14 from 12:00pm to 4:00pm.

Visit www.festivalbythemarsh.com for tickets and more information!

Important Upcoming Dates

Movies in the Park
July 9, 2024
Bill Johnstone Memorial Park
64 Main st. Sackville, NB
Movies in the Park presents a showing of Legally Blonde

Festival by the Marsh
July 10 - July 21, 2024
Sackville's oldest summer festival, featuring music, theatre, literature and fine arts.

Pink Rocks Hike
Saturday, July 13, 2024 - 9:00am - 3:00pm
Meeting at the Sackville Post Office at 9:00am
86 Main Street, Sackville, NB

Walker Road Trail Run

Saturday, July 15, 2024 - 9:00am - 12:00pm
Walker Road Trail Loop
This is a 5 km or 10 km trail run that will take you through the beautiful wooded wilderness of Sackville on the Walker Road Trail System.

Pickard Quarry Walk
Wednesday July 17, 6:00pm - 8:00pm
Quarry Lane Sackville
Join the ToC (Tantramar Outdoor Club) for a walk through the Pickard Quarry trails! These trails are very uneven and have small trails. This is a short exploration walk of a gem that is right in town!

Dates and meetings are changing frequently.
Please visit the Community Events Calendar for the latest updates.

Municipal News

Dorchester History

Did you know Dorchester became the shire town of Westmorland County in 1801? Thus making the town an essential seat of government and justice.



Image sourced from www.CBC.ca

Concerts in the Park Series 🎶

Join us for an enchanting summer evening filled with live music at the Concerts in the Park series! All performances start at 6:30 PM at Bill Johnstone Memorial Park, 64 Main St., Sackville, NB.

Here's the July lineup:

- July 4: Tintamarre Community Band
- July 11: Jensen-McSheffery Duo
- July 18: Jeremy McLaughlin
- July 25: Faye Tower

Bring your friends and family, pack a picnic, and enjoy the wonderful music in the heart of Sackville. We look forward to seeing you there!

By-law Enforcement Contact Information

For any by-law enforcement needs, you can reach our team using the following numbers:

- Daytime Contact - 8:30am-4:30pm: (506) 364-4930
- After-Hours (June-August): (506) 540-1722

Our by-law officers are available to assist you with any concerns or issues. Whether it's during the day or after hours in the summer, we are here to ensure our community remains safe and orderly. Feel free to reach out with any questions or reports.

Tips to Stay Cool During the Summer

Tips to Stay Cool During a Heatwave 🌞

Stay Hydrated 💧

- Drink plenty of water: Even if you don't feel thirsty, drinking water regularly is crucial.
- Avoid dehydrating beverages: Limit intake of alcohol, caffeine, and sugary drinks.

Recognize Early Signs of Heat Illness 🚨

- Watch for symptoms: Look out for signs like feeling unwell, fatigue, thirst, and headache.
- Take action immediately: If you experience any of these symptoms, move to a cooler environment right away.

Take Breaks in Cool Spaces 🏖️

- Regular breaks: If you're working or spending time outdoors, take frequent breaks in shaded or air-conditioned areas.
- Dress appropriately: Wear light, loose-fitting clothing to help stay cool.

Additional Tips 📋

- Use fans and air conditioning: If you have access to them, use fans and air conditioning to cool down your living spaces.
- Limit physical activity: Try to reduce strenuous activities during the hottest parts of the day.

For more tips and information, visit GetPrepared.gc.ca.
Stay safe and cool, Tantramar!

Eco360 Glass Wednesday

Join us for Eco360 Glass Wednesday, July 10th at the Tantramar Veterans Memorial Civic Centre, located at 182 Main St., Sackville, NB. This event is an excellent opportunity to safely dispose of your glass waste and contribute to our community's recycling efforts. Bring your glass items, come take a free glass bin and help us promote a cleaner, greener Tantramar. See you there! 🌎 ♻️

Movies in the Park

Movies in the Park are back for another summer of fun! On July 18th starting at 9pm/dusk at Bill Johnstone Memorial Park Legally Blonde will take the big screen! Bring a blanket and a few friends, and enjoy the FREE popcorn provided by the Municipality of Tantramar.





Sackville Sports Wall of Fame Induction Ceremony: A Night to Remember!

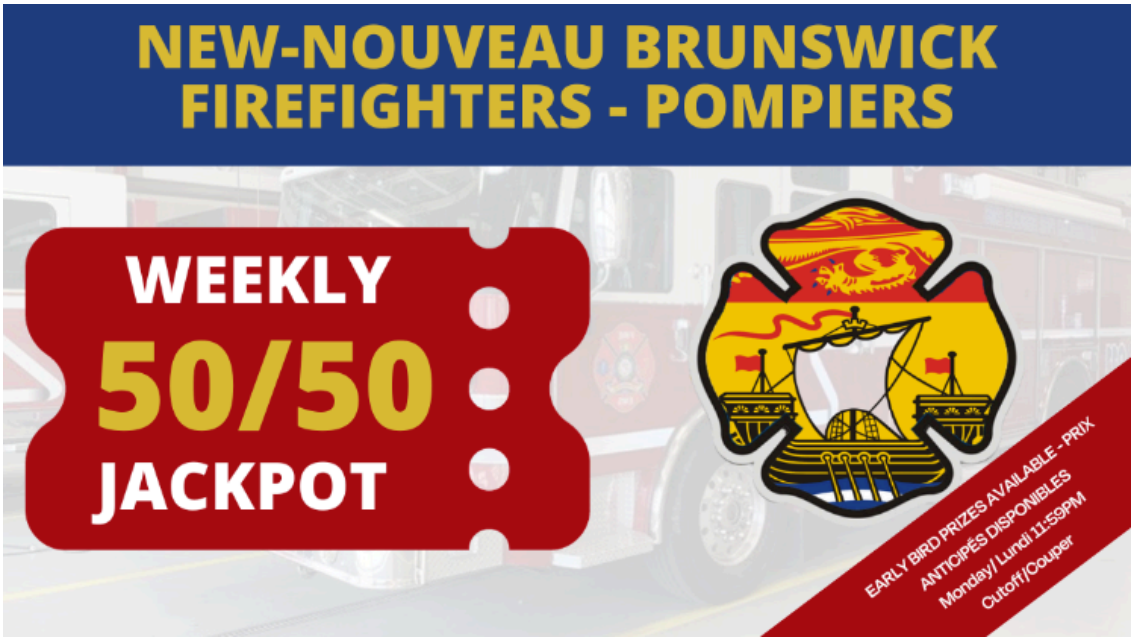


The Sackville Sports Wall of Fame Induction Ceremony was held at the Tantramar Veterans Memorial Civic Centre on Tuesday, June 25th. The event celebrated the achievements of local sports legends Neville "Rollie" Norman and Nev Garrity, honoring their significant contributions to the sports community in Sackville.

The evening was filled with heartfelt speeches, nostalgic memories, and a sense of pride as the community gathered to recognize these inspiring individuals. The ceremony not only highlighted their athletic accomplishments but also their roles as mentors, leaders, and cherished members of our community.

Thank you to everyone who attended and helped make this event a resounding success!

Support the Tantramar Fire Service with the 50/50 Raffle!



Summer Programming with Active Living & Culture



Preschool Play Program:

- Dates: July 3 - August 28
- Description: A delightful drop-off program for children aged 3-5, filled with engaging activities to help develop various skills.
- Location: Bill Johnstone Memorial Park, 64 Main st, Sackville, NB

Summer Swimming Lessons:

- Dates: July 3 - July 24 (Wednesdays)
- Description: Dive into free swimming lessons at Silver Lake with our certified lifeguards,

PEI Bus Trip: The Jersey Boys Musical:

- Date: July 11
- Description: Enjoy a day trip to Prince Edward Island to watch the acclaimed musical, The Jersey Boys.
- Location: Departing from Sackville

Walker Road Trail Run:

- Date: July 13
- Description: Participate in a 5km or 10km trail run, with a kids' run and great prizes.
- Location: Walker Road Trails

perfect for enhancing water safety skills.
- Location: Silver Lake, 9 Morice Dr, Sackville, NB E4L 2Z7

Youth in Action:

- Dates: July 3 - August 28
- Description: Exciting activities tailored for youth in Dorchester, ensuring a fun-filled summer.
- Location: Dorchester Veteran's Community Centre

Around the World:

- Dates: July 4 - August 29
- Description: Embark on a global adventure exploring different cultures through games, crafts, and more.
- Location: Bill Johnstone Memorial Park, 64 Main st, Sackville, NB

Summer Ball Hockey:

- Dates: July 4 - August 29
- Description: Keep the hockey spirit alive with ball hockey, focusing on stick handling, shooting, and game play.
- Location: Tantramar Veterans Memorial Civic Centre, 4955 Main St, Dorchester

Crafty Creations:

- Dates: July 4 - August 29
- Description: Unleash your creativity with a variety of arts and crafts activities.

Pink Rocks Hike:

- Date: July 13
- Description: Join the Tantramar Outdoor Club for a scenic hike at Pink Rocks.
- Location: Pink Rocks

Trailblazers Wilderness Survival Camp:

- Dates: July 22 - July 26
- Description: Learn essential wilderness survival skills in this immersive camp.
- Location: Bill Johnstone Memorial Park, 64 Main st, Sackville, NB

PEI Bus Trip: Shining Waters Theme Park:

- Date: August 21
- Description: Cap off the summer with a thrilling visit to Shining Waters Theme Park in Cavendish, PEI.
- Location: Departing from Sackville

Hiking Series:

- Dates: Various (July 13 - September 7)
- Description: Join the Tantramar Outdoor Club for a series of Saturday hikes exploring beautiful local trails.
- Locations: Various local trails

Dungeons & Dragons Camps:

- Location: Bill Johnstone Memorial Park, 64 Main st, Sackville, NB

Summer Basketball:

- Dates: July 5 - August 30
- Description: Learn and improve basketball skills in a fun, supportive environment.
- Location: Bill Johnstone Memorial Park, 64 Main st, Sackville, NB

Kids in Motion:

- Dates: July 8 - August 26
- Description: Get active with games, sports, and scavenger hunts designed to keep kids moving.
- Location: Dorchester Veteran's Community Centre, 4955 Main St, Dorchester

Multi Sports:

- Dates: July 8 - August 26
- Description: Try out a wide range of sports including basketball, tennis, soccer, and more.
- Location: Bill Johnstone Memorial Park, 64 Main st, Sackville, NB

- Dates: July 8 - August 30
- Description: Dive into the world of Dungeons & Dragons with this engaging, story-driven game.
- Location: Bill Johnstone Memorial Park, 64 Main st, Sackville, NB

Waterfowl Park Wednesdays:

- Dates: July 10, 17, 24, 31
- Description: Themed activities at Waterfowl Park for different age groups, ranging from crafts to scavenger hunts.
- Location: Waterfowl Park, 34 Mallard Dr, Sackville

For more details and registration information, please visit Tantramar Programs.

Recreation Programs

Dorchester Badminton (Free)
Mondays
5:30pm-6:30pm
Dorchester Consolidated School
18 Harrop Ave, Dorchester

Dorchester Pick-up Basketball (Free)
Tuesdays
5:30pm-6:30pm
Dorchester Consolidated School
18 Harrop Ave, Dorchester

Dorchester Pickleball (Free)
Thursdays
5:30pm-6:30pm
Dorchester Consolidated School
18 Harrop Ave, Dorchester

Recreational Pickleball Salem School (Free)
Mondays
7:30pm-9:00pm
Wednesdays
8:30pm-10:00pm
72 NB-106, Sackville

Drop-in Roller/Ball Hockey (Free)
Tuesdays
3:30pm-4:30pm
Free for Ages 11 and up
Tantramar Veterans' Memorial Civic Centre
182 Main St, Sackville

Mount Allison Gymnasium ($2 drop in fee)
Tuesdays & Thursdays
10:00am-12:00pm
Fridays
1:00pm-3:00pm

Adult Pick-Up Basketball (Ages 25+)
Wednesdays
8:00pm-9:30pm
TRHS Gymnasium
For more information call (506) 364-4951
223 Main st. Sackville

For full details or to register for any of the above programs, please visit sackville.com/programs.
For other community recreational opportunities in Tantramar, please visit sackville.com/calendar

Committee of the Whole Discussion Highlights – June 24, 2024

Council Highlights provide a brief overview of the latest Committee of the Whole meeting. For complete details, please refer to the official minutes, which will be available after the upcoming Regular Council Meeting.

As no decisions are made during the Committee of the Whole, these discussions are vital for shaping future Council actions and enhancing our community in Tantramar.

Meeting Agenda
Council Package

Public Hearings:

Text Amendment to Dorchester Zoning By-Law:
Council held a public hearing on the proposed text amendment to include daycares in the Village Core Zone of Dorchester. This amendment aims to support community growth and provide childcare for families in the area.

Removal of Development Agreement Mallard Drive, Sackville:
A public hearing was conducted regarding the removal of the development agreement for properties on Mallard Drive. This change is intended to facilitate new development opportunities in the region.

Council Discussions:

Community Events and Engagement
Ice Skating Protective Helmet Policy:
A new policy requiring protective helmets for ice skating at the Tantramar Veterans Memorial Civic Centre was reviewed to enhance safety measures for participants.

Moonlight Madness 2024:

Exciting plans for the 32nd annual Moonlight Madness event were discussed, promising an evening of fun, collaboration and community engagement.

TVMCC Sign Rental Policy:
The updated sign rental policy for the Tantramar Veterans Memorial Civic Centre was discussed to ensure effective management and usage of the signage.

Infrastructure and Maintenance:
Redesignation and Rezoning of Beale and Inch Property:
Council discussed the proposed redesignation and rezoning of the Beale and Inch property to better align with future development plans.

Tender No. 2024-07, Queens Road Lift Station Upgrades:
The council discussed the tender for significant upgrades to the Queens Road Lift Station, aiming to improve local infrastructure.

Policy and Governance:

Confidentiality Policy:
Policy 2024-11 regarding confidentiality for employees was discussed, focusing on maintaining a secure and professional work environment.

Upcoming Council Meeting Schedule:
The council meeting schedule was reviewed and updated to better accommodate the busy summer schedules of both staff and council members. This adjustment also ensures everyone remains focused on the development of the 2025-2029 Tantramar Strategic Plan.

By-Law No. 2024-15, A By-Law Relating to Loitering and Soliciting in Tantramar:
By-Law No. 2024-15 was presented, and Council will consider first and second reading at the next Regular Council Meeting in July.

Stay engaged with municipal decisions and community progress by attending council meetings and reviewing official minutes.

Missed the last council meeting? Catch up here! Don't forget to subscribe to our YouTube channel to ensure you're always up to date with the latest information!

Community Submissions

Tantramar Adult Learning Centre - Adult Upgrading and GED Preparation

SOUTH EAST
ADULT EDUCATION

Reading, Writing, Mathematics, Social Studies, and Science

New Students welcome - start any time!
Study with the help of a teacher at your own pace and schedule.

For further information:
Call: (506) 857-9912
Email: Manager@education-se.ca

Greater Dorchester Moving Forward

GREATER DORCHESTER MOVING FORWARD

Conservation Conversation' with the Fort Folly Conservation Team
Join Moving Forward for an enriching discussion with the Amlagog (Fort Folly) conservation team! Anyone interested is invited to the Station8 Community Food Hub on July 24th, 6:30-8:30 PM for the opportunity to chat with the team and

learn about the ongoing initiatives and goals of the important conservation work they're conducting in our region. Have the chance to learn more about how their work incorporates Indigenous voices, as well as share your stories of changes, concerns, and experiences in our natural environment. Enjoy food, drinks, and engaging discussions, all ages are welcome to participate!

Tuesday Neighbour Cafes
Everyone is welcome to drop in each Tuesday, from 10:00 am – 12:00 pm at the Station8 Community Food Hub for fresh smoothies, hot drinks, and snacks! Come to meet your neighbours, old and new, and to hear about what's going on in your community.

Sackville Minor Hockey



Visualizing Care in Tantramar

JOIN OUR PROJECT

VISUALIZING CARE IN TANTRAMAR

ARE YOU A
HEALTHCARE PROVIDER *OR* USER
IN SACKVILLE? WE WANT TO HEAR FROM YOU!

PARTICIPATE IN A VIRTUAL OR IN-PERSON INTERVIEW FOR OUR RESEARCH PROJECT
VISUALIZING CARE: CREATIVE PLACEMAKING & VISIONS OF CARE IN TANTRAMAR.

FOR MORE DETAILS OR TO SIGN UP:
CONTACT DR. KATHARINE DUNBAR OR DR. ARDATH WHYNACHT AT THE DEPARTMENT OF SOCIOLOGY, MOUNT ALLISON UNIVERSITY.
REACH OUT WITH ANY QUESTIONS OR INTEREST – WE'D LOVE TO HEAR FROM YOU!
KDUNBAR@MTA.CA
AWHYNACHT@MTA.CA

YOU CAN WITHDRAW FROM THE STUDY AT ANY TIME UNTIL JUNE 30, 2024. YOUR PRIVACY AND CONFIDENTIALITY ARE ASSURED. YOUR PARTICIPATION IS VOLUNTARY, AND THERE'S NO OBLIGATION TO TAKE PART. YOUR INVOLVEMENT WILL BE KEPT CONFIDENTIAL FROM SUPERIORS OR OTHERS.



YOUR VALUABLE INSIGHTS WILL SHAPE OUR UNDERSTANDING OF CARE IN OUR COMMUNITY. THANK YOU FOR CONSIDERING JOINING US IN THIS STUDY!

Mount Allison UNIVERSITY

This research has been approved by Mount Allison University's ethics committee.

CHMA 106.9 – Upcoming Events

CHMA Summer Radio Series

Saturday Drop-ins

1-3pm Saturdays in July

6th - Interview Q&A with Erica
13th - Button & Sticker Making w/ Button Maestro Diego
20th - Finding Your Voice with CHMA w/ Sailee
27th - Wax & Wire: Mini Record Expo w/ James

Summer Workshops

Thursdays 2-4pm

July
4th Your Introduction to the World of Radio
11th Mastering the Radio Basics
18th Podcast Creation 101
25th New Music Discovery: Curating a Playlist for Radio

August
1st - Button & Sticker Making: Your Designs, Your Way
8th - Writing & Voicing a Memorable Radio Segue
15th - You're the Reporter: The Art of the Interview
22nd - Your Future as a Community Contributor

Kids Summer Radio Camp!

9:30am-11:30am, Monday-Friday, July 22-26
Open to Ages 9-14 Limited Registration

Day 1 Radio Hosting 101: Mastering the Radio Basics
Day 2 Button & Sticker Making 101
Day 3 The Art of the Radio Interview: Gathering & Delivering Interesting Stories
Day 4 Podcast Creation 101: Writing, Voices, & Producing
Day 5 Vinyl DJing & Playlist Making

Visit chmafm.com for more information

Strait Shores Healthcare Forum with MLA Megan Mitton

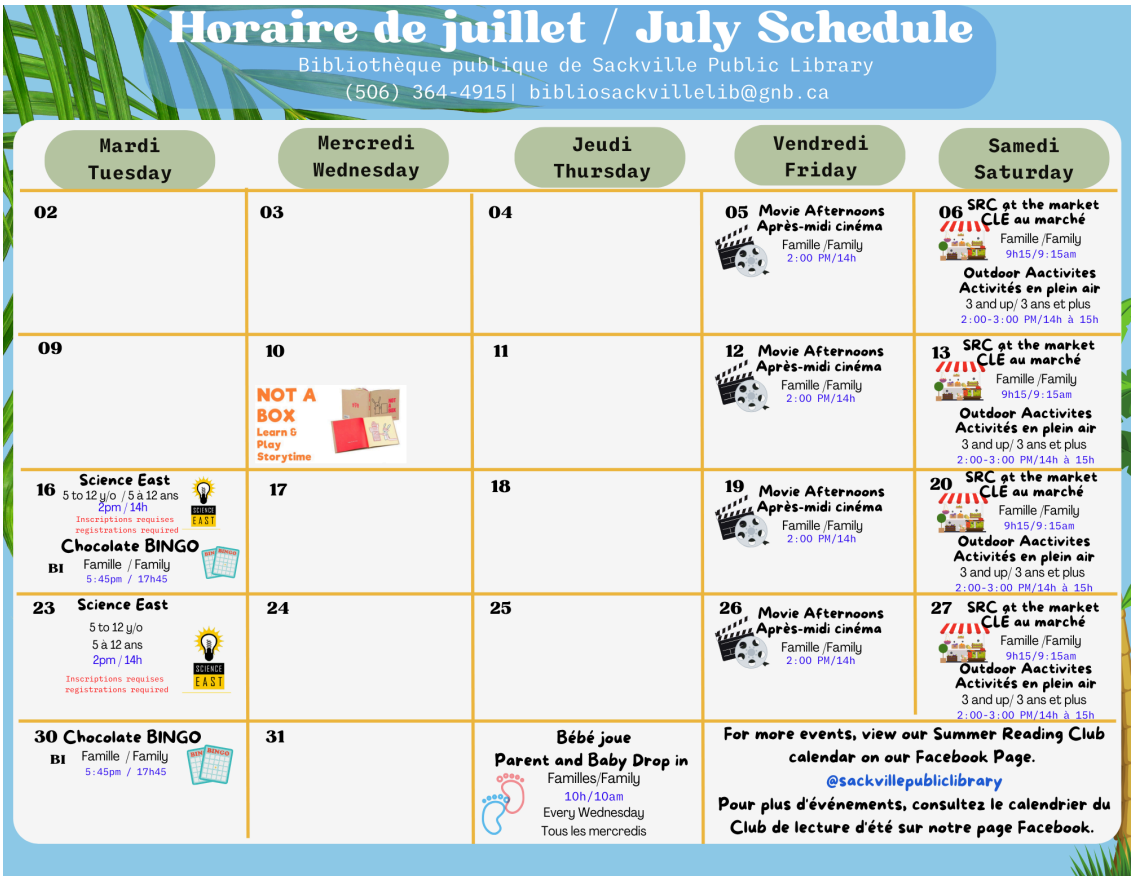


Dorchester Memorial Public Library



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Exploring North America Week	2 Ages 5-7 10:30 & 2:30 Stories, crafts & activities	3 Ages 8-12 10:30 & 2:30 Stories, crafts & activities	4 Ages 5-12, 1pm Stories, crafts & activities 3-4pm Story telling for teens 5-7pm Teen Night	5 Ages 2-4 10:30 & 2:30 Stories, crafts & activities	6 All Ages, all day Stories, crafts & activities 2-4pm drop in guitar lessons
7	8 Exploring South America Week	9 Ages 5-7 10:30 & 2:30 Stories, crafts & activities	10 10 – 10:45 am Science East – Animal Adaptation All ages welcomed	11 Ages 5-12, 1pm Stories, crafts & activities 3-4pm Story telling for teens 5-7pm Teen Night	12 Ages 2-4 10:30 & 2:30 Stories, crafts & activities	13 All Ages, all day Stories, crafts & activities 2-4pm drop in guitar lessons
14	15 Exploring Europe Week	16 Ages 5-7 10:30 & 2:30 Stories, crafts & activities	17 Ages 8-12 10:30 & 2:30 Stories, crafts & activities	18 Ages 5-12, 1pm Stories, crafts & activities 3-4pm Story telling for teens 5-7pm Teen Night	19 Ages 2-4 10:30 & 2:30 Stories, crafts & activities	20 All Ages, all day Stories, crafts & activities 2-4pm drop in guitar lessons
21	22 Exploring Asia Week	23 Ages 5-7 10:30 & 2:30 Stories, crafts & activities	24 Ages 8-12 10:30 & 2:30 Stories, crafts & activities	25 Ages 5-12, 1pm Stories, crafts & activities 3-4pm Story telling for teens 5-7pm Teen Night	26 Ages 2-4 10:30 & 2:30 Stories, crafts & activities	27 All Ages, all day Stories, crafts & activities 2-4pm drop in guitar lessons
28	29 Exploring Antarctica Week	30 Ages 5-7 10:30 & 2:30 Stories, crafts & activities	31 Ages 8-12 10:30 & 2:30 Stories, crafts & activities			

Sackville Public Library



Food Security Action Group serving Tantramar & Strait Shores





Tantramar & Strait Shores Residents Transportation & Care Survey

We value your input and invite you to participate in our community surveys regarding transportation and services at Sackville Memorial Hospital. Your feedback is crucial in helping us understand the community's needs and improving our services.

Please see the attached surveys for distribution and share your thoughts. Your participation is greatly appreciated and will contribute to enhancing healthcare access and services in our area.

Tantramar & Strait Shores Residents Transportation & Care Survey

Please submit the completed survey to the Administration window at the Sackville Memorial Hospital. Thank you.

1. **What is the purpose of, or type of visit, that requires you to travel outside of the Tantramar or Strait Shores region to access hospital-based health care?**

Medical Imaging:

- ❑ **Nuclear Medicine**
- ❑ **Computed Tomography**
- ❑ **Mammography**
- ❑ **Ultrasound**
- ❑ **MRI**
- ❑ **Bone Densitometry**
- ❑ **Interventional Radiology**
- ❑ **Breast Screening**
- ❑ **Fluoroscopy**
- ❑ **Orthopedic Clinic**
- ❑ **Perioperative Clinic**
- ❑ **Oncology Clinic**

Physiotherapy:

- ❑ **Cardiac Rehab**
- ❑ **Pulmonary Rehab**
- ❑ **Pediatric Physiotherapy**
- ❑ **Vestibular Physiotherapy**
- ❑ **Lymphedema Physiotherapy**
- ❑ **NB Interprofessional Spinal Assessment and Evaluation Clinic**
- ❑ **Good living with Osteoarthritis in Denmark**
- ❑ **Hemophiliac Clinic**
- ❑ **Rehabilitation Day Clinic**
- ❑ **Mind Clinic**
- ❑ **Geriatric Clinic**
- ❑ **Amputee Rehabilitation**
- ❑ **Pre-operative Orthopedic education / assessment**

Hospital-Based Clinic:

- ❑ **Blood Work**
- ❑ **Phlebotomy**
- ❑ **Minor Surgery procedure**
- ❑ **Infusion treatments**
- ❑ **Specialist clinic visit for follow-up or treatment**

Tantramar & Strait Shores Residents Transportation & Care Survey

2. **Have you had previous appointments at The Moncton Hospital?**

- ❑ Yes
- ❑ No

3. **Have you had previous appointments at the Sackville Memorial Hospital?**

- ❑ Yes
- ❑ No

4. **Did you consider accessing care / booking an appointment at the Sackville Memorial Hospital?**

- ❑ Yes
- ❑ No

5. **If yes, why was the Sackville Memorial Hospital not an option <u>for the appointment in question 1</u>?**

- ❑ I had difficulties trying to book an appointment there
- ❑ There was no appointment availability for me there
- ❑ Timing of appointment did not work for me
- ❑ The test I require was not available at the SMH
- ❑ My healthcare provider recommended The Moncton Hospital
- ❑ The Moncton Hospital was convenient for me while I was in town
- ❑ Other: _____

6. **Are you aware of the services available at the Sackville Memorial Hospital?**

- ❑ Yes
- ❑ No

7. **If no, how could awareness of the services be improved?**

- ❑ The use of Horizon social media
- ❑ Community Bulletin Board / Pamphlets at Horizon locations
- ❑ Notified by phone when booking an appointment
- ❑ Other: _____

Tantramar & Strait Shores Residents Transportation & Care Survey

8. **Please select your age group:**

- ❑ 0 to 18
- ❑ 18 to 24
- ❑ 25 to 34
- ❑ 35 to 44
- ❑ 45 to 54
- ❑ 55 to 64
- ❑ 65 or over

9. **How far, on average, do you live from the Sackville Memorial Hospital? Please choose the option that best represents the average distance:**

- ❑ Less than 1 kilometre
- ❑ 1-5 kilometres
- ❑ 6-10 kilometres
- ❑ 11-20 kilometres
- ❑ More than 20 kilometres
- ❑ I don't know
- ❑ Other (please specify): _____

10. **How far, on average, do you live from The Moncton Hospital? Please choose the option that best represents the average distance:**

- ❑ Less than 1 kilometre
- ❑ 1-5 kilometres
- ❑ 6-10 kilometres
- ❑ 11-20 kilometres
- ❑ More than 20 kilometres
- ❑ I don't know
- ❑ Other (please specify): _____

Tantramar & Strait Shores Residents Transportation & Care Survey

11. **What type of residential area do you live in (Postal Code)?**

- ❑ E1H
- ❑ E4Z
- ❑ E4P
- ❑ E1A
- ❑ E4N
- ❑ E1G
- ❑ E1C
- ❑ E1B
- ❑ B0L
- ❑ E1J

12. **How often do you visit the hospital for medical care?**

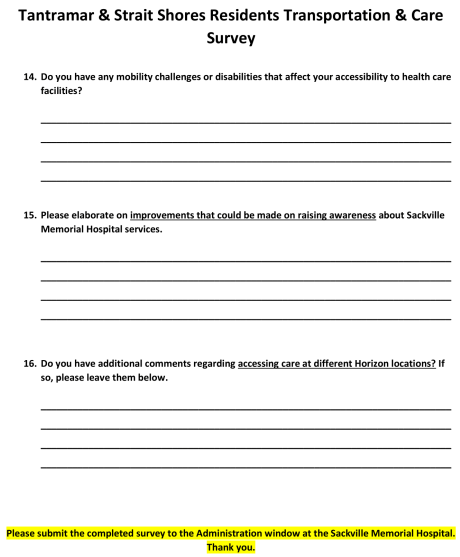
- ❑ Rarely
- ❑ Occasionally
- ❑ Regularly
- ❑ Other (please specify):

_____

_____

13. **Which mode of transportation do you primarily use to get to the hospital? Please select one:**

- ❑ Car
- ❑ Public transit
- ❑ Walking
- ❑ Bicycle
- ❑ Taxi/Ride-share
- ❑ Ambulance
- ❑ Family or Friend's car
- ❑ Specialized Transportation Services
- ❑ Motorcycle/Scooter
- ❑ Other (please specify): _____



Tantramar & Strait Shores Residents Transportation & Care Survey

14. **Do you have any mobility challenges or disabilities that affect your accessibility to health care facilities?**

15. **Please elaborate on improvements that could be made on raising awareness about Sackville Memorial Hospital services.**

16. **Do you have additional comments regarding accessing care at different Horizon locations? If so, please leave them below.**

Please submit the completed survey to the Administration window at the Sackville Memorial Hospital. Thank you.

Please submit the completed survey to the Administration window at the Sackville Memorial Hospital, 8 Main St, Sackville, NB.

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211 New Brunswick

211 New Brunswick

211 N.B. TOOLKIT

Become a 211 Champion!

Help spread awareness about the 211 service in your community. Embed the 211 N.B. widget on your website, download key messaging and graphics for your social media, and order print/digital materials for outreach, all in one place, through our 211 N.B. Toolkit!



NEED NON-EMERGENCY HELP?

Call	TTY Line	Search / Chat	E-mail
Dial 2-1-1 1-855-258-4126 (VRS)	**1-855-405-7446**	**nb.211.ca**	**211nb@findhelp.ca**

FREE | CONFIDENTIAL | 24/7 | 150+ LANGUAGES NB.211.CA

211 New Brunswick FREE | CONFIDENTIAL | 24/7 | 150+ LANGUAGES

211 NEW BRUNSWICK FACT SHEET

What is 2-1-1?

211 is a free service that connects individuals and families with the complete range of government, health, community, and social services in their communities.

211 New Brunswick Quick Facts:

- 211 can be accessed by:
  - **Phone:** Call 2-1-1
    - Toll-Free Number: 1-855-258-4126 (VRS) / TTY Line: 1-855-405-7446
  - **Online:** search nb.211.ca to find all available services and programs in the 211 NB database. You can also chat with one of our Community Navigators online via the same website.
  - **E-mail:** 211nb@findhelp.ca
- 211 is free, confidential, and available 24/7 (even on holidays) in 150+ languages
- When you dial 2-1-1, the line is answered by certified Community Navigators who will help you navigate the complexities of the human services system quickly and easily
- Contact 2-1-1 for information and referral to:
  - Health services and Mental Health Supports
  - Income Support & Financial Assistance
  - Food Banks & Meal Programs
  - Housing Help
  - Seniors Support Services
  - and more...

Next time you are facing a non-emergency situation or are seeking community help and don't know where to turn, remember to contact 211 - Help starts here.

211 New Brunswick FREE | CONFIDENTIAL | 24/7 | 150+ LANGUAGES

211 NEW BRUNSWICK WIDGET

Embed the 211 N.B. Widget on your Website!

Please consider embedding the 211 N.B. Widget on your website. This widget will ensure your service users have information about and access to the wide-range of supports available to them, including help after hours. Click the following links to download and access the 211 N.B Widget, available in English and French.

BOOK AN INFORMATION SESSION ON 211

Book a 211 N.B. Training/Presentation!

Interested in learning how 211 N.B. can support your work? **Please contact our Director of Community Engagement, Daniela Fernandez, at** 211info@moncton.unitedway.ca to request a free training session for service providers on navigating the 211 database and/or an educational presentation on what 211 is, how it works, and what we know from our data about your community. Please include the following information in your request: proposed date and time, length of session, number of participants, and if you have a preference for a specific delivery method (in person, Zoom, Microsoft Teams, etc.)

ORDER 211 PROMOTIONAL MATERIALS

To order print and/or digital materials for your organization's outreach programs and events, please contact us at 211info@moncton.unitedway.ca. Please include the following in your request: proposed date and time materials are needed for, name of recipient and mailing address, quantity of print materials, e-mail address digital materials will be sent to, type of outreach program/event, audience, and languages. **For a large selection of digital materials and printables about 211, you can also click here.** *See social media toolkit below.*

211 New Brunswick FREE | CONFIDENTIAL | 24/7 | 150+ LANGUAGES

SOCIAL MEDIA TOOLKIT

Stay up to date with 211 N.B. news by connecting with 211 NB's Twitter, Facebook and Instagram pages

Below we have created plug-and-play key messaging for social media posts so you can help us spread awareness within your community groups and networks about the 211 service! Please note: *Images below are simply thumbnails. Social media graphic tiles are sized in accordance with recommended dimensions for each platform and can be downloaded here.*

SOCIAL GRAPHIC	SOCIAL MEDIA CAPTION
	During the #COVID19 pandemic and always, help is at your fingertips. Call 2-1-1 if you are feeling isolated, anxious, or overwhelmed. 211's Community Navigators are available 24/7 in 150+ languages to help find the right supports in your community for your situation. #HelpStartsHere
	Seeking non-emergency help? For information and referral to government, health, community and social services, call 2-1-1 or visit nb.211.ca. E-mail, TTY, and VRS is also available. 211 N.B. is free, confidential, and available 24/7 in 150+ languages, 365 days/year! #HelpStartsHere
	Concerned about your or a loved one's mental health? Remember, 211 is free, confidential and available to listen 24/7 and connect anyone going through a tough time with mental health resources in their community. When you don't know where to turn, contact 2-1-1. #HelpStartsHere
	Need help finding food, housing, financial assistance or mental health support? 211 is free, confidential & available 24/7 in 150+ languages to connect you with community supports. Call 2-1-1, search nb.211.ca, or e-mail 211nb@findhelp.ca. Life can be hard, but finding help can be easy! #HelpStartsHere
	Are you making the right call? During emergencies, it's best to contact 9-1-1. When facing a non-emergency situation/seeking community help, contact 2-1-1 or visit nb.211.ca. Learn how 211 is different from other N11 numbers: https://gmsenbunitedway.ca/2021/09/01/are-you-making-the-right-call/



211 New Brunswick

FREE | CONFIDENTIAL | 24/7 | 150+ LANGUAGES

KEY MESSAGING FOR YOUR NEWSLETTER OR WEBSITE

Do you need help finding food, housing, financial assistance, mental health support, employment support, support for seniors, winter clothing, and/or shelter? For information and referral to government, health, community and social services, call 2-1-1, search nb.211.ca, or e-mail 211nb@findhelp.ca. 211 is free, confidential, and available 24/7 in 150+ languages to connect you to local community supports.

VERIFY YOUR INFORMATION ON THE 211 DATABASE

Updating your information on the 211 database helps us build trust between users and service providers who rely on our referrals.

Submit an update about your service. You can find instructions for updating your information on 211 here. You can also send updates by e-mail to 211nbupdates@findhelp.ca

THANK YOU!

Thank you for championing 211 N.B. in your communities!

With your help, we'll *create connections and solutions to build strong communities.*

Questions regarding the 211 N.B. Toolkit can be directed to 211info@moncton.unitedway.ca

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The Tantramar Heritage Trust

Join the Tantramar Heritage Trust for a delightful series of events hosted by the Tantramar Heritage Trust this July! Each event offers a unique experience, perfect for family fun and community engagement.

July 11th: Make-It Workshop - Miniature Boats

- Location: Campbell Carriage Factory Museum
- Time: 10 AM - 12 PM
- Learn to create your own miniature boats in this hands-on workshop, perfect for all ages.

July 12th: Family Campfire Night

- Location: Campbell Carriage Factory Museum
- Time: 7 PM - 9 PM
- Gather around the campfire for a fun-filled evening with stories, songs, and marshmallow roasting.

July 18th: Make-It Workshop - Birdhouses

- Location: Campbell Carriage Factory Museum
- Time: 10 AM – 12 PM
- Get creative and build your own birdhouse in this interactive workshop.

July 25th: Poetry Night 🎤

- Location: Campbell Carriage Factory Museum
- Time: 7 PM – 9 PM
- Enjoy an evening of poetic expression and listen to local poets share their work in a cozy, historic setting.

Come out and be part of these wonderful community events, celebrating heritage, creativity, and togetherness. We look forward to seeing you there!

Horizon Health Network



July Poem from our Poet Laureate – Laura Katherine Watson

Spell for Everyone
(A Creation Story)

After the billionaires went to space,
we did not welcome them back.

Instead,
we took their yachts and their vacation homes and their investment properties
and we made sure that everyone had a bed to sleep in.
We raided their wine cellars and their fridges and their pantries
and found in them all of the food that we needed.
We passed around their precious things
and accidentally grazed our neighbours' fingertips in the process.
For many of us, it was a new sensation.
We looked up and down for more things to pass around
as an excuse to connect our hands again,
open-palmed and unguarded.

That was when it started.

Wysmykal Farm

Wysmykal Farm will be selling organic vegetables at the Sackville Farmers Market on Saturday mornings. They have an assortment of greens available with increasing variety throughout the spring. Vegetable seedlings will also be available May-June. Wysmykal Farm offers online ordering and home delivery of vegetables in the Tantramar area.

The Sackville Commons

The Sackville Commons GSA

The Sackville Commons Co-operative will be hosting a GSA (Gay-Straight Alliance/Gender and Sexuality Alliance) for young people aged 14-18. At each session, you can expect to be able to move between 3 different activities at your own pace: an educational/support space, a food space and a creative space. This GSA strives to meet the needs of young 2SLGBTQIA+ members in the Tantramar community, we look forward to seeing you there!

When: July 4th, July 18th, August 1st, August 15th from 6:00-8:00pm

Where: 18 Lorne Street, Sackville, NB

If you have any questions or concerns, you can reach out to Shoshanna at: us@coworksackville.com or Sam at: svwalsh@mta.ca.

Connections Lab at The Sackville Commons

Connections Lab is easy going. It's a two hour weekly time when you can work on an art or craft project, find inspiration, pick up a craft, doodle, plan, dream or make a new collaboration pal. Bring your kids or leave 'em at home. Chat with pals or wear headphones and get absorbed into your work. It's up to you, there are no rules. Connections Lab runs every Sunday from 2-4 unless otherwise noted. The Sackville Commons, 18 Lorne Street.





Sackville Farmers Market

The Sackville Farmers' Market is located at Bill Johnstone Memorial Park for the summer. It'll be open every Saturday from 9am to 12pm, no matter if it's sunny or raining.

See you there!

Main St. Cafe



MAIN ST. CAFÉ

COMMUNITY KITCHEN

20 MAIN STREET (MAIN STREET BAPTIST CHURCH)

EVERYONE IS WELCOME AND THE COST IS FREE!

IF YOU NEED A GOOD MEAL, ARE HURTING,
NEW TO THE AREA OR COULD USE SOME COMPANY,
COME ON OVER AND SEE US!

SERVING 11AM – 1PM

MAIN ST. CAFÉ WILL REOPEN
AUGUST 13TH

Sackville Rod & Gun Club

SACKVILLE ROD & GUN CLUB PRESENTS

WIN A TRIP FOR TWO



OCTOBER 7-12, 2024

Full service guided trip with license for 1 moose ~ 2 hunters
plus $1000 spending money to cover expenses and tips.

Prize will be drawn JUNE 2, 2024, at 7pm and broadcast to Facebook Live

A maximum of 150 tickets will be sold at $100 each
(if 70 tickets are not sold by draw date, we will hold a 50/50 draw)

NB Lottery License ~ 1894417 56 000

Questions and payment can be sent to Wayne Ward
president@sackvillerodandgun.ca

Thanks for supporting Sackville Rod & Gun Club!

Day Surgery Program at Sackville Memorial Hospital Campaign

Campaign for **Sophisticated Surgery Gear** to boost Day Surgery Program at SMH

CAMPAIGN GOAL $225,000

When you or your loved ones need surgery, complicated or not, you want peace of mind knowing the surgical team at Horizon's Sackville Memorial Hospital (SMH) has the best tools for the job.

The SMH Foundation has launched the **Supporting Every Step Expanding Surgical Care** Campaign with an ambitious **$225,000** goal, to ensure our surgical team has advanced technology to offer optimal and timely care for surgical patients. This is in addition to Horizon Health Network's $2-million investment in the current Operating Room (OR).

For over 30 years, the SMH has been renowned for its exceptional Day Surgery Program, offering over 240 types of Orthopedic, Plastic, Urology, Vascular, Obstetrics/ Gynecology, ENT (Ear Nose Throat), and General surgeries. In fact, more than 2,000 surgical procedures were performed at our facility in a 12-month period; a significant increase over the last three years.

And, it's about to get better with your help.

Ramping up the program at SMH will help alleviate the backlog of less complex day surgeries, allowing quicker access to more complex ones at The Moncton Hospital—a win-win for the broader health care system.

The purchase of an array of modern surgical gear has many benefits, including:

- Reduction in surgical wait times;
- Increased access to acute care operating time at The Moncton Hospital for larger, more acute, surgical cases;
- Availability of different types of surgeries, i.e., hip arthroscopy;
- Ensured availability of necessary equipment onsite at SMH for surgical procedures, rather than shared with The Moncton Hospital.

SMH is working to reduce wait times for New Brunswickers in need of orthopedic and ENT surgeries. This equipment will allow for an increase in the number of patients who could receive surgical care in Sackville.

Supporting Every Step

Expanding Surgical Care

CAMPAIGN 2024









Funds will purchase Hip, Knee, Shoulder Arthroscopy (orthopedic) instruments, Warming Cabinet, Surgical Suction System, ENT devices, and iSimulate (a cutting-edge tool for staff which ensures they are well-prepared for a variety of medical scenarios).

Campaign Chair Carolle de Ste. Croix says your support enables us to equip our local hospital with advanced surgical equipment, transforming it into an important surgical access site. **"Together we're nurturing hope, facilitating recovery, and supporting every step of a patient's journey back to wellness."**

If you would like to donate, you can contact the Foundation at 364-4205, drop by the hospital, or donate securely on-line at **smhf.ca/donate**.

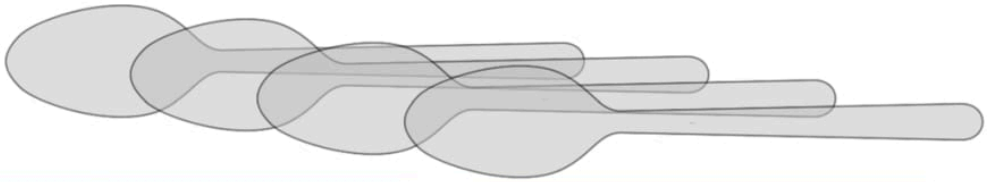
If the campaign goal is exceeded, any additional funds will be used on the Hospital's other priority needs.

smhf.ca All money raised is used locally to enhance patient care at the Sackville Memorial Hospital.

Salem Breakfast Program

SPOONS FOR SALEM

BREAKFAST PROGRAM



The **Salem Breakfast Program** operates every school day and offers a selection of healthy foods to **all Salem students** as they get to school and prepare for the school day.

In an effort to cut down on waste and lower our costs, we want to **switch from using plastic disposable spoons** to **reusable metal spoons**, so we're asking for **spoon donations** to build up our supply.

If you have **1, 2 or more metal spoons you'd like to donate**, please send them with your student to school – every classroom will have a collection bin. Or contact the Breakfast Program coordinator listed below to arrange pick up.

The Salem Breakfast Program is able to operate thanks to

- ✓ **food donations from the Food Depot Alimentaire**
- ✓ **financial donations through the Breakfast Club of Canada**

and local supporters,

- ✓ **and time and energy donations from our dedicated group of volunteers.**

If you'd like to volunteer with this program, please contact the coordinator listed below. Volunteering in the school involves a 7:30-8:30 am time commitment one day a week, but there are ways to help outside these hours if you'd like to be a part of this program.

For more information, contact: Kathy Treash
kathy0321@yahoo.com
or through Messenger

Sackville Golf and Country Club

The Sackville Golf Club is now fully operational for the 2024 season . It is in excellent shape. Junior Instructional lessons will begin on Wednesday, July 03. Participants must be members of the Golf Club. Used clubs and bags are for sale at the Club. For further information visit the Club on 42 Fairfield Road .

Ladysmith Manor



Pet of the Month Spotlight!

🌟 Pet of the Month Spotlight: Max 🌟



Submitted by: Mel, Max's Dog Aunt.

Meet Max, a vibrant and playful 3-year-old Dutch Shepherd who has boundless energy and a zest for life. Max loves nothing more than playing with his toys and running around the yard. His favorite activities include going for walks on the dikes with his momma and his bestie, Sage, and chasing squirrels (when mom isn't looking, of course). After a busy day, you can often find Max taking cozy naps on the couch.

Max's intelligence shines through as he enjoys learning new tricks and engaging in mentally stimulating activities. He is also a big fan of cuddles, belly rubs, and car rides with his mom and dad.

Max was adopted from a shelter in Texas. His life took a wonderful turn when he met his fur-ever mom, Natalie. Despite facing a significant health issue, the dedicated vets at Westmorland Animal Veterinary Clinic provided the best treatment, ensuring Max is now healthy and ready to live his best dog life.
Max's journey from a shelter in Texas to a loving home in Tantramar is truly inspiring. His resilience and joy for life make him a beloved member of the community.



Congratulations, Max, for being our Pet of the Month! 🐾

Do you have a furry, feathered, or scaled friend who deserves a moment in the spotlight? We'd love to feature them in our Pet of the Month section! Send your pet's story and photo to J.McLaughlin@TantramarNB.com.

Upcoming Municipal Office Meetings

Regular Meeting: Tuesday, July 9, 2024 @ 7:00pm
Committee of the Whole: Monday, July 22, 2024 @ 3:00pm

Tantramar
NEW BRUNSWICK

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Our mailing address is:

31C Main Street PO Box 6191 Sackville NB E4L 1G6

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