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🎉 Get Ready for Winterfest 2024!

February brings the excitement of Winterfest to Tantramar, and this year promises to be more fun-filled than ever! From February 8-11, our community will come alive with a variety of events catering to all ages. Highlights include the

opportunity to embrace the chilly season and celebrate our vibrant community spirit. Don't miss out on these fantastic events!

For more details on Winterfest activities, visit Tantramar Winterfest.



Important Upcoming Dates

World Wetlands Day
February 2, 2023
Follow us on social media to hear about all the activities taking place to celebrate.

February 3, 2024

Mobile ECO-Depot – Tantramar (Sackville)
February 7, 2024
Veterans Memorial Civic Centre

Regular Council Meeting
February 13, 2024 @ 7:00pm
Municipal Office, Sackville

Dates and meetings are changing frequently.
Please visit the Community Events Calendar for the latest updates.

Municipal News

Fun Fact: Unlike Any Other!

The Municipality of Tantramar, boasts a unique and significant ecological feature. The Tantramar Marshes, one of the largest salt marshes in Canada, span a vast area and play a crucial role in the local ecosystem. These marshes are not only a vital habitat for a wide variety of wildlife but also serve as a natural buffer, protecting the land from the powerful tides of the Bay of Fundy. This remarkable natural landscape is a defining feature of the municipality and a testament to the region's rich ecological diversity.

World Wetlands Day!

Tantramar is excited to celebrate World Wetlands Day on February 2nd, 2024!

World Wetlands Day is a major cause for celebration here among the magnificent marshes of Tantramar (a recently Ramsar accredited Wetlands City).

card to a local business.

From 12:30 – 2:00pm on Friday, February 2nd, the municipality is hosting a networking event for wetlands enthusiasts, scientists, and municipal leaders at the Tantramar Wetlands Centre. Light lunch foods and refreshments will be provided, along with brief presentations regarding local wetlands projects. For more information or to RSVP, email climatechange@sackville.com.

From 4 – 5 pm on Friday, February 2nd, the Visitor Information Centre is holding a public World Wetlands Day event with plenty of hot chocolate, cake, and new student-made educational pamphlets about the wetlands of Tantramar (pamphlet includes a fun wetlands scavenger hunt)! There will also be a guided walk through the Waterfowl Park. Stop by and bring a friend!



Introducing Jessica Wilson: Our New Program and Special Events Coordinator!



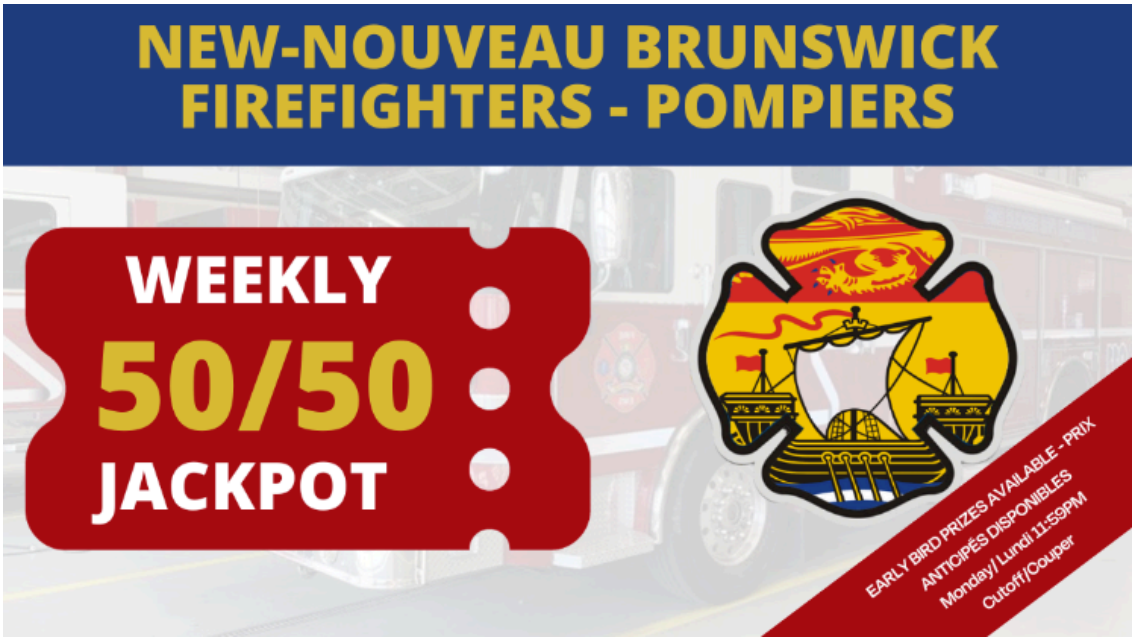
We're thrilled to welcome Jessica Wilson to the Municipality of Tantramar as our new Program and Special Events Coordinator.

recreation and the great outdoors.

A recent graduate of Dalhousie University, Jessica holds a Bachelor of Science in Recreation and a Bachelor of Management. Her favorite pastimes include hiking, horseback riding, and indulging in her love for baking.

Join us in welcoming Jessica! We look forward to her contributions in making our community events more vibrant and engaging.

Support Tantramar Firefighters with the 50/50 Raffle!



The NB Firefighters host a 50/50 raffle, and it's your chance to win big. Each ticket sold contributes to the jackpot, with half going to the lucky winner and the other half supporting firefighters in New Brunswick. These funds are vital in upgrading equipment and supporting local community organizations.

Purchase your tickets online at Rafflebox and be part of this exciting opportunity.

Choose **Dorchester, Point de Bute, or Sackville** when buying your 50/50 raffle tickets!

We're Hiring!

Summer Student Jobs are now in Open Competition!

Deadline to apply:
March 1, 2024 at 4:30pm



Overnight Winter Parking Ban



Recreation Programs

March Break Programming
A full slate of March Break activities are being planned for March 4-8, 2024. Once the schedule is prepared, we will be sharing via social media and www.sackville.com/programs.

Free Public Skates
Parent and Tot skates: Monday, Wednesday, Friday: 10:15am-11:15am
Lunchtime Skates: Monday, Wednesday, Thursday, Friday: 12:00pm-1:00pm
Tantramar Veterans Memorial Civic Centre

17th Annual WinterFest

Tantramar, NB
Click here for the full schedule.

Dorchester Basketball / Badminton - FREE
Mondays
5:30pm-6:30pm
Dorchester Consolidated

Dorchester Pick-up Basketball
Mondays
5:30pm-6:45pm
Dorchester Consolidated School

Recreational Pickleball
Salem School (Free)
Mondays
7:30pm-9:00pm
Wednesdays
8:30pm-10:00pm

Mount Allison Gymnasium ($2 drop in fee)
Tuesdays & Thursdays
10:00am-12:00pm
Fridays
1:00pm-3:00pm

Adult Pick-Up Basketball (Ages 25+)
Wednesdays
8:00pm-9:30pm
TRHS Gymnasium
For more information call (506) 364-4951

For full details or to register for any of the above programs, please visit sackville.com/programs.
For other community recreational opportunities in Tantramar, please visit sackville.com/calendar

Council Updates

Projects & Community Focus:

- Upgrading Dorchester Lift Station: We're improving our sewage system with new funding, ensuring better community services.
- Fixing Well No. 1: The well pump is getting an essential overhaul to maintain our water supply. A temporary fix is in place until the new pump is ready.
- Boosting Community Grants: Discussing increased funding for local groups and projects, continuing our support for community development.
- New Bridge Safety By-Law: Implementing a rule to keep our bridges safe for pedestrians.
- Updated Flag Display Policy: We've revised how and where flags are displayed in our community for a uniform approach.
- Refining Purchasing Rules: Changes are being made to improve how the municipality handles purchasing and contracts.

Mayor's Roundtable on Housing:

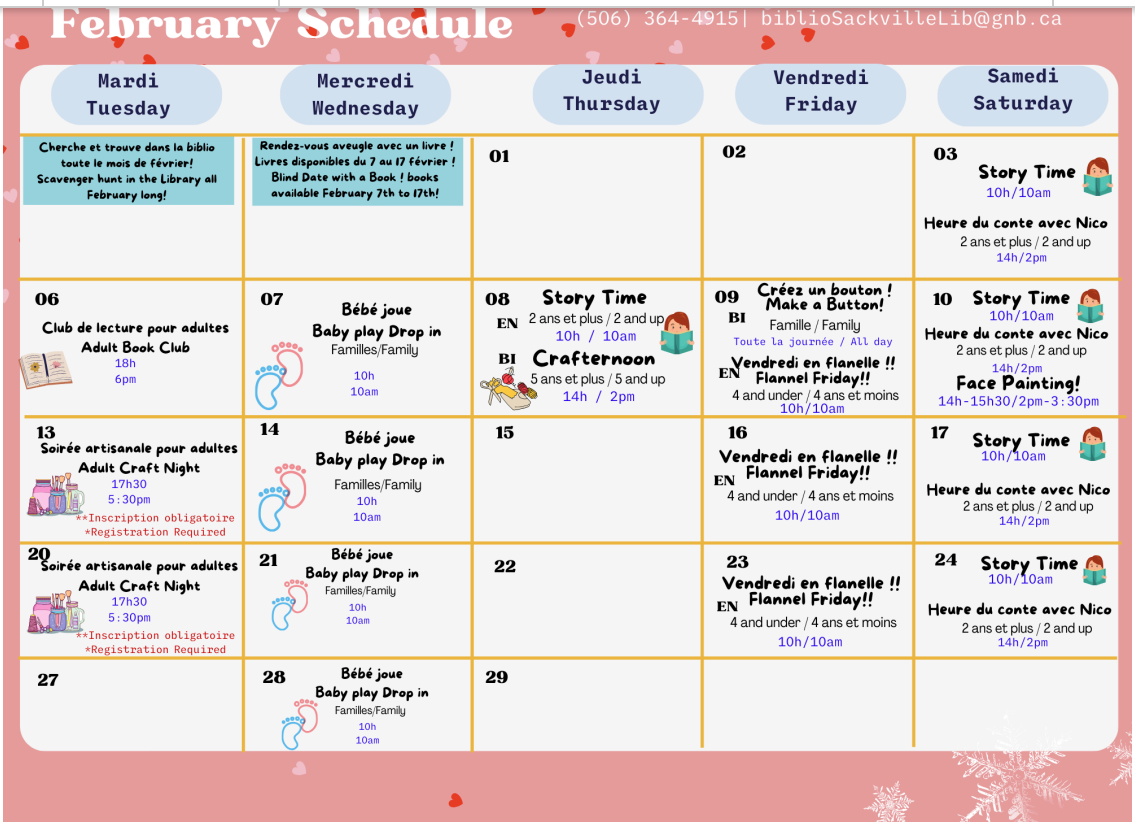
- The mayor is leading a new initiative to identify and spotlight housing issues in our community, aiming to bring these concerns to the attention of appropriate parties.

Next Meeting: Join us for the next meeting on February 13, 2024 in council chambers, or watch it live online at www.youtube.com/tantramarnb.

To stream our Committee of the Whole meeting from January 22, 2024 – click here!

Community Submissions

Sackville Public Library - February Schedule



Dorchester Beavers and Cubs



Tantramar Adult Learning Centre - Adult Upgrading and GED Preparation

SOUTH EAST
ADULT EDUCATION

Reading, Writing, Mathematics, Social Studies, and Science

New Students welcome - start any time!
Study with the help of a teacher at your own pace and schedule.

For further information:
Call: (506) 857-9912
Email: Manager@education-se.ca

Greater Dorchester Moving Forward

All-Ages Pickup Hockey Game
As part of this year's Winterfest, Moving Forward will be hosting a pickup hockey game at the Dorchester rink on February 10th from 5-6:30pm. Whether you're a seasoned hockey pro or prefer to enjoy the winter vibes by the bonfire, this pickup hockey game is the perfect way to celebrate the season. Score goals, sip hot cocoa, and revel in the frosty festivity!

All-Ages Trails Walk
On February 11th from 1-3pm, lace up your boots as Moving Forward's Trails Committee leads participants on a delightful All-Ages Trails Walk on the Racetrack Loop Trail. The family-friendly trek promises picturesque views and joyous wintery exploration, concluding behind the Dorchester School for a bonfire and hot

Explore Dorchester Trails
Discover the hidden gems of Greater Dorchester as Moving Forward unveils one of the Maritimes' best-kept secrets—the beautiful trails that scatter the landscape! Thanks to the dedicated efforts of Moving Forward's fantastic volunteers, there are already 10 mapped out local trails with more to come! To see trail descriptions, directions, or to find out how you can get involved, check out the trails page on www.station8nb.ca or email programs@station8nb.ca.

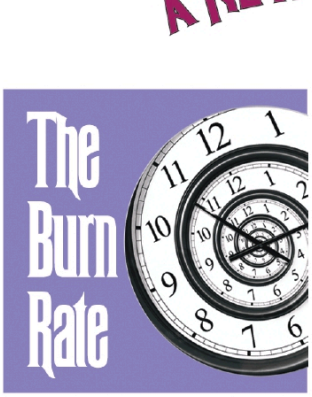
Station8 Community Fridge
The Station8 Community Fridge is located at 8 Station Road, Dorchester in the larger of the two garages, and is open 24/7 to provide FREE food to those in the Greater Dorchester area. It is completely anonymous and gets restocked regularly throughout the week. The fridge operates on a 'take what you need, leave something if you can' principle so please be mindful when using the fridge to only take for your own household. For more details or to volunteer with the fridge, email programs@station8nb.ca.

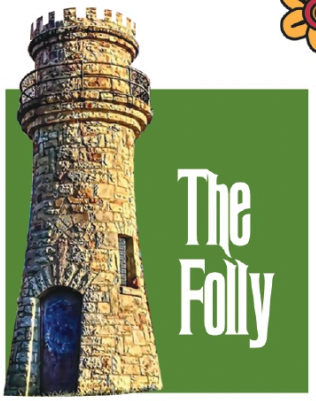
Live Bait Theatre - Let it be Love: A New Play By Sue Rose

If there's a choice to be made...

LET IT BE LOVE

A NEW PLAY BY SUE ROSE







Two street performers play the roles of the eternally bickering couple, Punch And Judy, on the commons of London during the Great Plague of 1666. Hark! as they introduce three plays of love, one set in the far future, one in our time, and one in their own. They ask us, if there's a choice to be made, will it be Love?

FEBRUARY 8-11, 2024

8, 9, 10 at 7:30PM • The 11th at 2PM

Performers' Theatre, 3 Fairfield, Sackville, NB

TICKETS Adults $20, Students & Seniors $10

LIVE Bait Theatre

Tickets & Info visit livebaittheatre.com

Tantramar NEW BRUNSWICK

New Nouveau Brunswick CANADA

Canada

Dorchester Memorial Public Library

Dorchester Memorial Public Library
la Bibliothèque publique commémorative de Dorchester

Parents & tots drop-in playgroup -- Saturday mornings 10:30-11:30 -- ages 0-4 -- Come by the library, listen to a story, spend a little time with Ook the Library Gorilla and his friends, and explore Ook's toybox. A great place to meet other parents and pre-schoolers!

Groupe de jeu sans rendez-vous pour parents et tout-petits -- le samedi matin de 10h30 à 11h30 -- de 0 à 4 ans -- Venez à la bibliothèque, écoutez une histoire, passez un peu de temps avec Ook le gorille de la bibliothèque et ses amis, et explorez le coffre à jouets d'Ook. Un endroit idéal pour rencontrer d'autres parents et enfants d'âge préscolaire !

CHMA 106.9 - Upcoming Events

CHMA Drop-ins will be continuing for the month of February on Saturday (1-3pm). We're located on the 3rd floor of the Wallace McCain Student Centre, 62 York Street. There is elevator access, and all of our studios and washrooms are wheelchair accessible.

Getting Involved with CHMA
Saturday, February 3rd from 1-3pm
Drop by the CHMA station to see how you can get involved with your local community and campus radio station. CHMA is largely run by volunteers and always has a space for passionate people who want to share their voice and interests with the community. Why not stop by and learn how you can have your own radio show, or how you can assist with CHMA's day to day activities to help keep the Tantramar community informed and entertained.

Button and Sticker Making with CHMA
Saturday, February 10th from 1-3pm.
Stop by the CHMA station to learn how to design & make your own buttons and stickers. Whether you own a business, have a radio show, or want to promote a fun design you created, making buttons and stickers is a great way to showcase what you are passionate about. CHMA staff will be available to show you how to use the button and sticker making materials available at the CHMA station. As always, CHMA events are fun, free, and open to absolutely everyone.

Beginner GarageBand and Podcasting with CHMA
Saturday, February 17th from 1-3pm
Drop by the CHMA station to learn the basics of how to record audio and edit it using GarageBand in CHMA's free-to-use studios. Additionally, you can stop by to ask any questions about radio, podcasting, audio production, and how to get involved with your local community and campus radio station! As always CHMA events are free to attend and a positive space for all!

TBA - Check **chmafm.com** for updates
Saturday, February 24th from 1-3pm

You can also book a tour or training with us anytime on our booking calendar.
https://www.chmafm.com/welcome/getinvolved/

Sackville Rod & Gun Club

SACKVILLE ROD & GUN CLUB PRESENTS

Win a Trip for Two

MOOSE HUNTING TRIP IN NFLD

DOUBLE M



OUTFITTERS

DOUBLEMOUTFITTERS.COM

SEPT 30~OCT 5, 2024

FULL SERVICE GUIDED TRIP WITH LICENSE FOR 1 MOOSE ~ 2 HUNTERS
PLUS $1000 SPENDING MONEY TO COVER EXPENSES AND TIPS

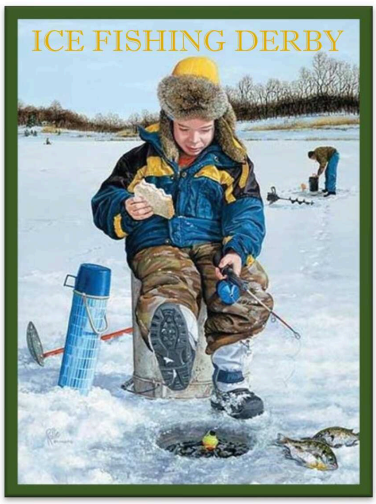
Prize will be drawn March 24, 2024, at 7pm and broadcast to Facebook Live.

A MAXIMUM OF 150 TICKETS WILL BE SOLD AT $100 EACH
(IF 70 TICKETS ARE NOT SOLD BY DRAW DATE, WE WILL HOLD A 50/50 DRAW)

NB Lottery License ~ 1894417 56 000

Questions and payment can be sent to Wayne Ward
president@sackvillerodandgun.ca

Thanks for supporting Sackville Rod & Gun Club!



FEBRUARY 17

SILVER LAKE

9am-11:30am

The Sackville Rod and Gun Club is holding a youth ice fishing day at Silver Lake (Morice Pond).
The event will be held from 9am-11:30am.

Fifty children between the ages of 5 and 18 will be pre-registered.
Equipment and bait will be provided for these children to ice fish this event.
Parents must stay with children under the age of 13.
Participants should dress according to the weather, and layers are recommended.
There will be a warming tent and refreshments (hotdogs, fries, chili, and hot chocolate).

* This event will be subject to ice and weather conditions as safety is a primary consideration for us. *
Any cancellations will be communicated through our social media, email, and website.

There is **no cost** to participants, but **pre-registration is required**. Registration begins **February 3rd**.

To register, please contact **Paul and Shirley Branscombe at 506-536-3539**.

SPONSORED BY TANTRAMAR ELECTRIC PROMPT SERVICE GUARANTEED WORK

Main St. Cafe



Sackville Memorial Hospital

The Sackville Memorial Hospital Auxiliary had a busy December and is preparing for a new year with a number of new projects.

In 1988 Audrey and Mary Chase put up the 1st Christmas Tree in the hospital with hand made ornaments by the community and ladies Auxiliary. This year the tree is in memory of Mary who recently passed.

If you are interested to join the auxiliary, or volunteer in the Hospital Gift Shop contact us smhaux@outlook.com. We meet the 2nd Thursday of each month.

A big thank you to all who supported the AUXILIARY via the gift shop or memorial donations (online at Canada Helps or My tribute gift)

Follow us on Facebook - smhauxiliarygiftshop.

All the best for 2024,
Katherine Marlin

Tantramar Food Security Action Group


FREE
COMMUNITY
MEALS
FOR EVERYONE!
Alternating Lunch or Supper at Main St Café,
2nd Tuesday of every month at 20 Main Street, Sackville.
Call **506-939-2276** to confirm time



COMMUNITY FOOD BANKS

SACKVILLE

5 Willow Lane
2x/month
Tues 6:30-7:30pm, Wed 9-11am
506-536-4164;
https://sackvillefoodbank.ca/

DORCHESTER

11 School St.
2x/month
2nd & 4th Tues 9am-2pm
506-379-6232

PORT ELGIN

12 Church St.
2x/month
Wed - Fri 10am-3pm by appt.
506-538-7638; Pedvac Facebook

(If unsure, call to find the foodbank serving your community)

East Coast Kyokushin Kenukai



Jolicure Farm's

Jolicure Farm's 2024 Community Supported Agriculture CSA or Farm shares are available now!

For all the details visit the Jolicure Farm website: www.jolicurefarm.com or email elita@jolicurefarm.com with any questions.

Horizon Health Network





New Nouveau Brunswick CANADA

vitalité

The Tantramar Heritage Trust will be holding its annual Heritage Day Event on Saturday, February 10, 2024 at 2 p.m. in Municipal Office Council Chambers, 31 Main St., Sackville, NB. Titled Engaging Youth in Preserving Our Past, the afternoon will include several presentations from students on a variety of projects they have worked on for the Trust and how this benefits the community. Reception to follow and all are welcome. This event is held in partnership with the Municipality of Tantramar. For more information, please call (506) 536-2541 or email tantramarheritage@gmail.com.

TRHS Dragon Boat Chase the Ace



20% of the weekly funds raised goes to the person drawn each Friday, 30% goes into the Jackpot to find the Ace, and 50% will be donated to The Lions Sick Children's Fund, The Sackville Hospital, and a select few other local charities.

Tickets available Wednesdays during lunch at TRHS or from any Tantramar Regional High student participating in Dragon Boat!

For further information on purchasing tickets, please email:
julie.jones@nbed.nb.ca or joyceann.boutilier@nbed.nb.ca

IODE Shepody Chapter

organizations, for their part in supporting our community projects in 2023

IODE Founders Week – February 11-18, 2024

Celebrating 84 Years of Community Service to Tantramar and the surrounding areas.

Donations to Dorchester Consolidated School (DCS) & Tantramar Regional High School to support the following education initiatives:

· Heritage Month Projects – Learning our community history(providing books and resource materials to the students and school.)
· Subscription to National Geographic
· Bursaries of $600.00 to two 2023 graduating Tantramar students
· Luncheon for all staff at DCS during Teacher Appreciation Week
· Pantry program for students at TRHS

Contributions to support:
· Imagination Library – FREE monthly books for children 5 years and under, easy registration required, link below or see pamphlet at Dorchester Library, Post Office or Dorchester School.

Direct Service tour Communities:

- Autumn House: books, clothing, bedding & comfort bags for women and children.
- IWK Children's Hospital – Kidney Research
- IODE flower bed in Village Square
- Dorchester Food Bank
- Dorchester Public Library – supporting the Summer Reading Program
- Health of our community - shopping for seniors and those self-isolating; one member volunteers on the Memramcook Tantramar community task force.
- Supplied knitted shawls and Christmas/holiday pillowcases to seniors in special care homes.
- Many volunteer and service hours in the community (over 3,000 hours)

Community Events:

- Remembrance Day Ceremonies
- Flower Beds around the Cenotaph in Village Squares

Can you Contribute?

We appreciate donations of yarn forknitting projects, personal hygiene items such as shampoo, soap, etc. If you can help or wish to join please call President Lorilee Redmond 507-988-1075 or Membership Marisca Lucoe 506-213-0115

WHAT IS IODE? www.IODE.ca
IODE Canada is a national women's charitable organization. Women of all ages, from all walks of life and backgrounds, meet in local chapters for fun, friendship and community volunteerism. Members volunteer with and for people, focusing on Children, Education and Community Services. Each IODE chapter has the autonomy to choose and support projects in their own community. With just a few monthly hours, you can make a difference and form lifelong friendships. The main benefit of belonging to IODE is being part of a like-minded group of women who work together to improve the quality of life for those in need. For more information visit IODE.ca
Women Working Together for Canada -- Please Join Us to Make Our Community a Better Place to Live

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Sackville Memorial Hospital Auxiliary

2024 - 2026 SMH Auxiliary new officers sworn in:
Past President - Katherine Marlin
President - Audrey Hicks
Vice President - Jane Jones
Recording Secretary - Jean Estabrooks
Corresponding Secretary - Heather Longpre
Treasurer - Joan Nuttall



Left to right: Jane Jones, Heather Longpre, Joan Nuttall,Audrey Hicks, Jean Estabrooks, Katherine Marlin

Wysmykal Farm

Wysmykal Farm will be selling organic vegetables at the Sackville Farmers Market on Saturday mornings. They have winter greens and some root veggies available. Wysmykal Farm also offers online ordering and home delivery of vegetables in the Tantramar area.

Visit https://wysmykalfarm.ca for more information.

Dorchester Library

Dorchester Memorial Public Library
Bibliothèque publique commémorative de Dorchester

https://www1.gnb.ca/0003/Pages/en/Biblio-e.asp?CODE=AO
3516 Cape Road, Dorchester / 506-379-3032 / BiblioDorchesterLib@gnb.ca

Tuesday: 10:00 a.m.-12:00 p.m. & 1:00 p.m.-5:00 p.m. Wednesday: 10:00 a.m. - 12:00 p.m. & 1:00 p.m. - 5:00 p.m. Thursday: 12:00 p.m. - 4:00 p.m. & 5:00 p.m. - 7:00 p.m. Friday: 10:00 a.m. - 12:00 p.m. & 1:00 p.m. - 5:00 p.m. Saturday: 10:00 a.m. - 12:00 p.m. & 1:00 p.m. - 5:00 p.m.	Mardi : 10 h 00 - 12 h 00 et 13 h 00 - 17 h 00 Mercredi : 10 h 00 - 12 h 00 et 13 h 00 - 17 h 00 Jeudi : 12 h 00 - 16 h 00 et 17 h 00 - 19 h 00 Vendredi : 10 h 00 - 12 h 00 et 13 h 00 - 17 h 00 Samedi : 10 h 00 - 12 h 00 et 13 h 00 - 17 h 00

Weekly Programs – (English only)
Programmes hebdomadaires -- (en anglais uniquement)

Thursday / Jeudi

Teen Games Night: Settlers of Catan, Clue, Chess, Backgammon, Exploding Kittens, Trivial Pursuit, Scrabble, Risk, plain old playing cards, and more! 5:30 to 7 p.m. on Thursday evenings.

Soirée jeux pour adolescents: Settlers of Catan, Clue, Chess, Backgammon, Exploding Kittens, Trivial Pursuit, Scrabble, Risk, cartes à jouer, et bien plus encore ! 17h30 à 19h le jeudi soir.

Friday / Vendredi

Pre-school Storytime: Pre-school age children and their caregivers are invited to come to the library every Friday at 10:30 for stories and crafts or art activities.

***Heure du conte préscolaire*:** les enfants d'âge préscolaire et leurs tuteurs sont invités à venir à la bibliothèque tous les vendredis à 10h30 pour des histoires et des activités de bricolage ou d'art.

Saturday / Samedi

***Parents & tots drop-in playgroup*:** Saturday mornings 10:30-11:30 -- ages 0-4 -- Come by the library, listen to a story, spend a little time with Ook the Library Gorilla and his friends, and explore Ook's toybox.

Groupe de jeu sans rendez-vous pour parents et tout-petits: le samedi matin de 10h30 à 11h30 -- de 0 à 4 ans -- Venez à la bibliothèque,

écoutez une histoire, passez un peu de temps avec Ook le gorille de la bibliothèque et ses amis, et explorez le coffre à jouets d'Ook.

Music at the Library: All ages drop-in music, Saturday afternoons any time between 1:30 & 4. Bring your own instrument or use one of the library's guitars, ukuleles, or the piano. Beginner instruction in playing and reading music (notation and tablature) is offered, or if you already know how to play, come and jam with your friends.

Musique à la bibliothèque: musique sans rendez-vous pour tous les âges, le samedi après-midi à tout moment entre 13h30 à 16h. Apportez votre propre instrument ou utilisez l'une des guitares, ukulélés ou piano de la bibliothèque. Des cours pour débutants en jouer et lecture de musique (notation et tablature) sont proposés, ou si vous savez déjà jouer, venez jouer avec vos ami(e)s.

Monthly Programmes / Programmes mensuels

(Offered in English unless otherwise noted / Offert en anglais sauf indication contraire)

First Saturday of the Month

Saturday Morning Writers' Circle: 10:15 to 11:45. A chance for aspiring writers to work on their writing, share their work, and offer and receive encouragement and critique from their fellows in a friendly, supportive atmosphere. (Adults only.)

Premier samedi du mois

Cercle des écrivains du samedi matin : 10h15 à 11h45. Une chance pour les écrivains en herbe de travailler sur leur écriture, de partager leur travail et d'offrir et de recevoir des encouragements et des critiques de la part de leurs collègues dans une atmosphère amicale et solidaire. (Seulement les adultes.)

Second Saturday of the Month

Draw Together: 10:15 to 11:45. Monthly Saturday morning art get-together for teens and adults. Share tips and techniques, learn from one another in a friendly, supportive environment, or just enjoy making art in company. All skill levels are welcome!

Deuxième samedi du mois

Dessinez ensemble ! 10:15 to 11:45. Rencontre artistique mensuelle du samedi matin pour adolescents et adultes. Partagez des conseils et des techniques, apprenez les uns des autres dans un environnement convivial et

solidaire ou profitez simplement de la création artistique en compagnie. Tous les niveaux de compétence sont les bienvenus!

Third Saturday of the month, 10:30 to 11:30

Book Club: First meeting February 17th. A get-together for adults to share their love of reading and talk books with fellow readers.

Troisième samedi du mois, 10h30 à 11h30

Club de lecture: Première réunion le 17 février. Un rendez-vous pour adultes pour partager leur amour de la lecture et discuter de livres avec d'autres lecteurs.

Special Programmes / Programmes spéciaux

(Offered in English only unless otherwise noted / Offert en anglais uniquement, sauf indication contraire)

Winterfest After-School Activity : Thursday, February 8th and Friday, February 9th

Drop in on Thursday, February 8th and Friday, February 9th, any time between 3 and 5 to make a folded paper project. Suitable for ages 5 and up.

Activité parascolaire du Winterfest: Jeudi 8 et vendredi 9 février

Rendez-vous les jeudi 8 et vendredi 9 février, entre 15h et 17h, pour réaliser un projet en papier plié. Convient aux 5 ans et plus.

Teen Podcasting Workshop: Thursday, February 15th, 5:30 to 6:30 pm

Join special guests from CHMA radio and learn all about producing your own podcast!

Atelier de podcasting pour adolescents : Jeudi 15 février, de 17h30 à 18h30

Rejoignez les invités spéciaux de la radio CHMA et apprenez tout sur la production de votre propre podcast !

The Sackville Memorial Hospital Auxiliary

The Sackville Memorial Hospital Auxiliary

Did you know……..

The Sackville Memorial Hospital (SMH) Auxiliary was formed on September 20th 1945, the year before the hospital was built. Members approached the community for monetary donations. During their meetings, the members brought sewing machines where items such as towels, diapers and curtains were sewn. Vegetables were grown and preserves were collected to serve to the patients.

The Auxiliary has supported the Sackville Memorial Hospital and the health care needs of the Tantramar area totaling more than $1 million over the past 78 years.

During these years, the Auxiliary has purchased numerous pieces of equipment for the hospital and has also made contributions to the SMH Foundation Capital campaigns, the Port Elgin Regional Health Center and the Moncton Hospital Oncology department.

The Auxiliary makes annual donations to the Drew Nursing Home, the Westford Nursing Home and to the SMH education fund to assist hospital staff to attend seminars and courses for upgrading. Every year seven (7) bursaries are awarded to Tantramar Regional High School students entering the Bachelor of Nursing Program and/or other healthcare-related courses at a University or Community College.

In 1988, the Auxiliary opened the Gift Shop in the hospital, which is staffed by Auxiliary members and other community volunteers.

Other projects have been the furnishing of the family room located on the SMH Brunswick Unit, the family room in the Emergency Department, the Laboratory staff room and setting up a display cabinet in the hospital foyer.

The Auxiliary appreciate the support and generosity of the people in the Tantramar area and beyond, which made all of this possible. This support has come through donations to our Memorial Fund, the revenue from the Gift Shop, the Audrey Sawdon Memorial Fund and other fundraising projects.

The SMH Auxiliary is one of the most active auxiliaries in south-eastern New Brunswick! Tantramar's residents are very supportive of the Auxiliary, which in turn encourages the steadfast dedication of its members.

For more Information contact us by email: smhaux@outlook.com or follow us on Facebook: SMH Auxiliary Gift Shop

Sackville Minor Hockey



Urban/Rural Rides – Transport Urbain/Rural

The Impact of Volunteer Drivers for Medical Appointments

Volunteer Drivers for Medical Appointments: Unlocking Access to Healthcare

Access to medical care is a fundamental human right, yet for many individuals, it remains an elusive goal due to transportation barriers. Lack of reliable transportation can lead to missed medical appointments, delayed treatments, and worsened health outcomes. Volunteer Drivers for medical appointments play a vital role in bridging this gap, offering a lifeline to those who struggle with transportation access. In this article, we delve into the reasons why individuals should consider becoming volunteer drivers and the myriad of benefits that stem from this selfless role.

Why Volunteer as a Driver for Medical Appointments?

1. **Make a Tangible Difference:** The primary motivation for individuals to become volunteer drivers is the opportunity to make a tangible, immediate impact on someone's life. By offering a ride to a medical appointment, you enable individuals to access healthcare services that are essential for their well-being.
2. **Address Healthcare Disparities:** Volunteer drivers contribute to addressing healthcare disparities that stem from transportation challenges. By providing equal access to medical appointments, you contribute to a more equitable healthcare system.
3. **Empower Individuals**: For those who struggle with transportation, the inability to attend medical appointments can lead to a sense of powerlessness. As a volunteer driver, you empower individuals to take control of their health by ensuring they can attend appointments on time.
4. **Support Vulnerable Populations:** Vulnerable populations, including the elderly, individuals with disabilities, and low-income individuals, are disproportionately affected by transportation barriers. By volunteering, you directly support these populations in accessing vital healthcare services.
5. **Forge Meaningful Connections**: Becoming a volunteer driver opens the door to building meaningful connections with the individuals you assist. You'll hear their stories, share their triumphs, and be a source of support during their healthcare journey.

Benefits of Being a Volunteer Driver

1. **Sense of Fulfillment:** The sense of fulfillment that comes from knowing you've made a positive impact on someone's life is unparalleled. The gratitude and appreciation you receive from those you help can be profoundly rewarding.
2. **Social Engagement**: Volunteering as a driver introduces you to a diverse array of people. You'll interact with fellow volunteers, passengers, and healthcare professionals, expanding your social network and fostering a sense of belonging.
3. **Alleviating Isolation:** Transportation barriers often lead to social isolation, particularly among the elderly. By offering rides, you're not just providing transportation; you're combating loneliness and contributing to mental well-being.
4. **Skill Development:** Volunteering enhances a range of skills, from communication and problem-solving to time management and interpersonal relations. These skills are transferable and can boost your personal and professional growth.
5. **Positive Health Outcomes**: Engaging in volunteer work has been linked to improved mental and physical health. The act of giving back and the resulting sense of purpose can reduce stress and boost overall well-being.
6. **Fulfillment of Civic Responsibility:** Volunteering aligns with the concept of civic responsibility. As a volunteer driver, you actively contribute to your community's health and welfare, embodying the essence of good citizenship.

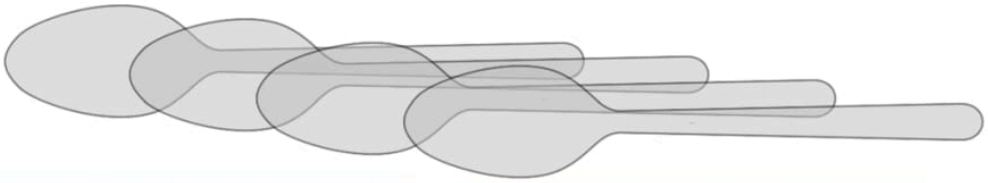
The role of volunteer drivers for medical appointments cannot be overstated. These dedicated individuals serve as a lifeline, ensuring that those who face transportation challenges can access essential healthcare services. By becoming a volunteer driver, you become an agent of change, addressing healthcare disparities and fostering a more inclusive and equitable society. The impact of your actions extends beyond the immediate ride; it influences the well-being and future of those you assist. The benefits of being a volunteer driver are multifaceted, from personal fulfillment and skill development to enhanced social connections and positive health outcomes. If you're seeking a meaningful way to contribute to your community and make a lasting difference in the lives of others, consider signing up as a volunteer driver. [author Mike B of Spedsta.com; used with permission]

For information on how to get started, contact Urban/Rural Rides at 506-962-3073 or online at http://urbanruralrides.ca.

Salem Breakfast Program

SPOONS FOR SALEM

BREAKFAST PROGRAM



The **Salem Breakfast Program** operates every school day and offers a selection of healthy foods to **all Salem students** as they get to school and prepare for the school day.

In an effort to cut down on waste and lower our costs, we want to **switch from using plastic disposable spoons** to **reusable metal spoons**, so we're asking for **spoon donations** to build up our supply.

If you have **1, 2 or more metal spoons you'd like to donate**, please send them with your student to school – every classroom will have a collection bin. Or contact the Breakfast Program coordinator listed below to arrange pick up.

The Salem Breakfast Program is able to operate thanks to

- ✓ **food donations from the Food Depot Alimentaire**
- ✓ **financial donations through the Breakfast Club of Canada**

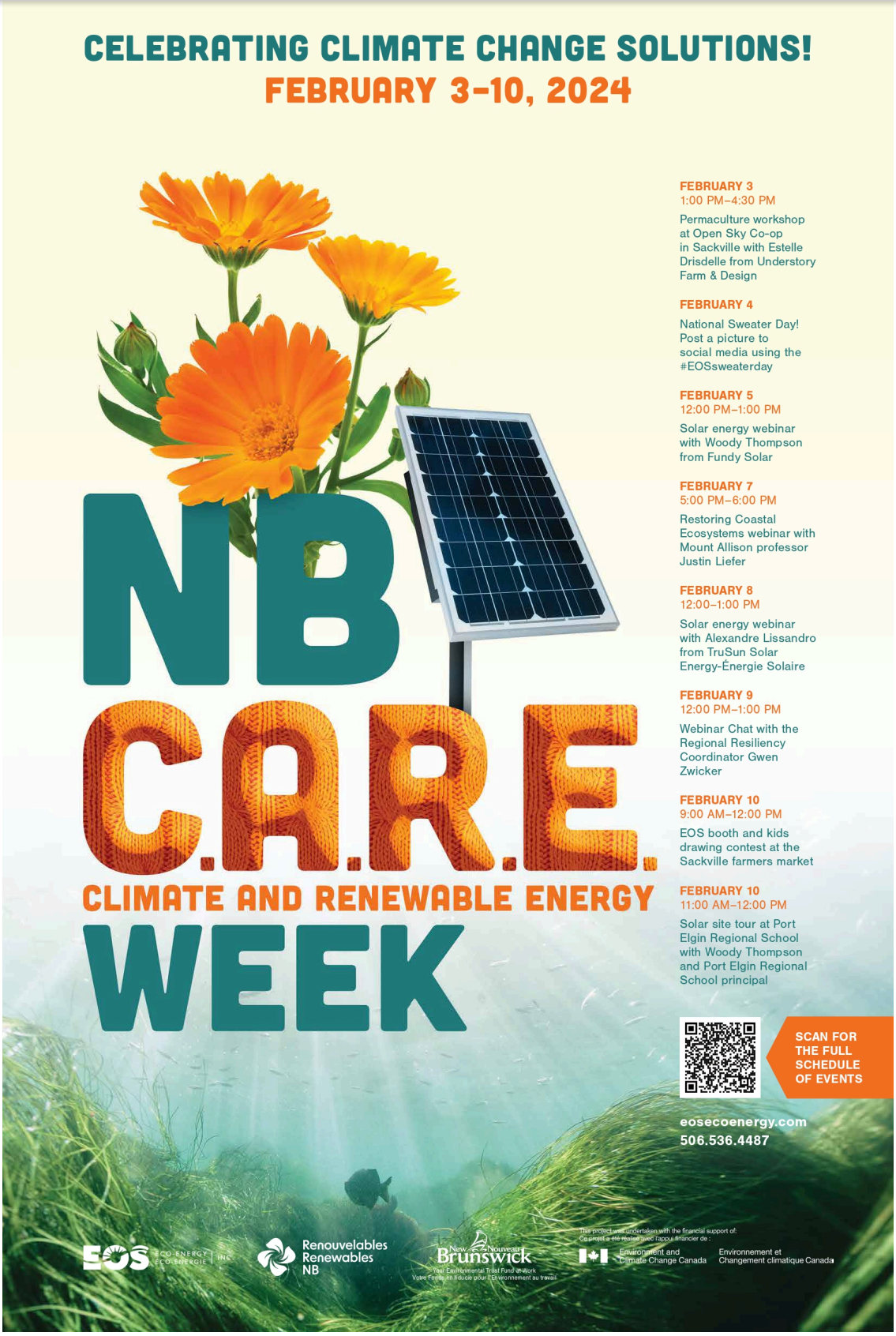
and local supporters,

- ✓ **and time and energy donations from our dedicated group of volunteers.**

If you'd like to volunteer with this program, please contact the coordinator listed below. Volunteering in the school involves a 7:30-8:30 am time commitment one day a week, but there are ways to help outside these hours if you'd like to be a part of this program.

For more information, contact: Kathy Treash
kathy0321@yahoo.com
or through Messenger

EOS Eco-Energy


CELEBRATING CLIMATE CHANGE SOLUTIONS!
FEBRUARY 3-10, 2024
NB C.A.R.E.
CLIMATE AND RENEWABLE ENERGY WEEK
FEBRUARY 3
1:00 PM–4:30 PM
Permaculture workshop at Open Sky Co-op in Sackville with Estelle Drisdelle from Understory Farm & Design
FEBRUARY 4
National Sweater Day! Post a picture to social media using the #EOSsweaterday
FEBRUARY 5
12:00 PM–1:00 PM
Solar energy webinar with Woody Thompson from Fundy Solar
FEBRUARY 7
5:00 PM–6:00 PM
Restoring Coastal Ecosystems webinar with Mount Allison professor Justin Liefer
FEBRUARY 8
12:00–1:00 PM
Solar energy webinar with Alexandre Lissandro from TruSun Solar Energy-Énergie Solaire
FEBRUARY 9
12:00 PM–1:00 PM
Webinar Chat with the Regional Resiliency Coordinator Gwen Zwicker
FEBRUARY 10
9:00 AM–12:00 PM
EOS booth and kids drawing contest at the Sackville farmers market
FEBRUARY 10
11:00 AM–12:00 PM
Solar site tour at Port Elgin Regional School with Woody Thompson and Port Elgin Regional School principal
SCAN FOR THE FULL SCHEDULE OF EVENTS
eosecoenergy.com
506.536.4487
EOS ECO-ENERGY | ÉCO-ÉNERGIE INC.
Renouvelables Renewables NB
New Brunswick Nouveau-Brunswick
Your Environmental Trust Fund at Work
Votre Fonds en fiducie pour l'Environnement au travail
This project was undertaken with the financial support of:
Ce projet a été réalisé avec l'appui financier de :
Environment and Climate Change Canada
Environnement et Changement climatique Canada

Hiring Foreign Talent Information Sessions

Session one: Register Here!



Session two: Register Here!



Upcoming Municipal Office Meetings

Regular Council Meeting: Tuesday, February 13, 2024 @ 7:00 pm
Committee of the Whole: Monday, February 26, 2024 @ 3:00 pm

Tantramar
NEW BRUNSWICK

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